

Arbuckle Community Church - Wellness

ACC is committed to preventing the spread of infection and has interventions in place to prevent the spread of infection in classrooms. These preventative measures include:

- All classrooms have alcohol gel and tissues available.
- Children have access to sinks for handwashing with soap and water.
- Surfaces are wiped down after use.
- Toys in the Early Childhood area that come in contact with the mouth will be disinfected with wipes/spray or washed with soap and water.
- Hand Sanitizer is offered before snacks.
- Volunteers wash hands often (especially after diaper changes or assisting with potty breaks).

WELL-CHILD POLICY

Any child entering the classroom must have been free of the following symptoms for 24 hours or more: fever, cold/flu, green or yellow runny nose, persistent cough, diarrhea, vomiting, discharge in or around the eyes, rashes, and skin eruptions and any contagious disease

Signs and Symptoms of the Flu may include some or all the following:

- Fever
- Body/muscle aches
- Runny or stuffy nose
- Sore throat
- Nausea, vomiting or diarrhea
- Dry Cough
- Headache
- Extreme tiredness
- Information obtained from www.cdc.gov

VOLUNTEERS

Please remember to encourage and help children to follow these basic infection prevention strategies.

- Cover their nose and mouth with a tissue when coughing or sneezing, and then throw the tissue away in the trash.
- Teach the kids to sneeze in the crook of their arm if a tissue is not within reach.
- Wash kids' hands often with soap and water, especially after they cough or sneeze.
- Use a hand sanitizer containing alcohol that is provided in every classroom.
- Avoid touching the eyes, mouth, or nose, which will help stop the spread of germs.
- Avoid close contact with people who are ill.
- If a child is sick, isolate the child and call the parent to take them home.

PARENTS

- Please do not bring an ill child to church. See the well-child policy above.
- Your child should be fever-free for at least 24 hours without a fever-reducing medication before returning to church.
- If you suspect your child has the flu, contact your doctor by phone to see if any anti-flu medication is needed.